

CANTATA VESPERS

Saturday 16th September, 5pm

"Why are you so troubled, my soul?"

by G.H. Stölzel

Cantata for soloists, choir, flutes,
horns and strings

Service with retiring collection

51 Victoria Street, Hamilton



THE WAIKATO CATHEDRAL CHURCH OF ST. PETER

Te whare karakia matua o Pita Tapu ki Waikato

stpeter.org.nz

Leading the worship today: Amy Thomas, soprano; Isabella Reid, mezzo; Koli Jayatunge; tenor; Ian Campbell, bass; Sally Rosenberg, Tracey Hockey, Francis Cowan, Ray Harlow, chorus; Catherine Polglase, Alex Geary, violins; Kathryn Orbell, Malcolm Carmichael flutes; Sergio Marshall, Jane Carson, horns; Martin Griffiths, cello and Rachael Griffiths-Hughes, organ. The Rev'd Wendy Tyrell,

Next Cantata Vespers: 5pm Saturday 21st October 2023 *Tröste uns, Gott, unser Heiland* GWV1160/41
– Chr. Graupner

OPENING

PRELUDE : Andante Grave and Allegro from **Sonata in G** for flute, violin and continuo by J.J. Quantz
WELCOME TO ST. PETER'S

Let my prayer be set forth in thy sight as incense, the lifting up of my hands as the evening sacrifice. Psalm 141:2

We stand to sing

THE OPENING HYMN

Latin hymn, ca. 9th century
Trans. by John Cosin, 1627

Plainsong melody, Mechlin form
As in *Pilgrim Hymnal*, 1958

Unison

1. Come, Ho - ly Ghost, our souls in - spire And light - en with ce -
2. Thy bless - ed unc - tion from a - bove Is com - fort, life, and
3. A - noint and cheer our soil - ed face With the a - bun - dance
4. Teach us to know the Fa - ther, Son, And thee, of both, to

les - tial fire; Thou the a - noint - ing Spir - it art
fire of love; En - a - ble with per - pet - ual light
of thy grace; Keep far our foes, give peace at home;
be but One; That through the ag - es all a - long

After last stanza

Who dost thy seven - fold gifts im - part.
The dull - ness of our blind - ed sight.
Where thou art guide no ill can come.
This may be our end - less song: Praise to thy e -

ter - nal mer - it, Fa - ther, Son, and Ho - ly Spir - it. A - men.

Words: Latin, ninth century;
trans. John Cosin, 162

Please stand for the HYMN OF LIGHT

Hail, gladdening Light of his pure glo - ry poured. Who is the Immortal Fa - ther, Heaven - ly Blest,
Ho - li - est of Ho - lies, Je - sus Christ, our
Lord. Now we are come to the sun's hour of rest. The lights of eve - ning round us shine.
We hymn the Fa - ther, Son, and Ho - ly Spir - it Di - vine.
Worthiest art Thou at all timesto be sung With un - de - fil - ed tongue.
Son of our God, giv - er of life, A - lone;
There - fore in all the world Thy glo - ries, Lord, they own. A - men

INVITATORY AND PSALTER

O God, make speed to save us.

O Lord, make haste to help us.

Glory be to the Father, and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. **Amen.**

Blessed are you, God of compassion and mercy,
to you be praise and glory for ever.

In the darkness of our sin,
your light breaks forth like the dawn
and your healing springs up for deliverance.

As we rejoice in the gift of your saving help,
sustain us with your bountiful Spirit
and open our lips to sing your praise:
Father, Son, and Holy Spirit.

Blessed be God for ever.

Please join in singing

PSALM 24

CHANT: William Crotch



- 1 The earth is the LORD'S, and all that /therein /is; * the compass of the world, and /they that/ dwell there/in.
- 2 For he hath founded it up/on the /seas, * and /stablished it. up/on the/ floods.
- 3 Who shall ascend into the /hill. of the/ LORD? * or who shall rise up/ in his /holy/ place?
- 4 Even he that hath clean hands, and a /pure/ heart; * and that hath not lift up his mind unto vanity, nor /sworn to de/ceive his /neighbour.
- 5 He shall receive the blessing /from the/ LORD, * and righteousness from the /God of/ his sal/vation.
- 6 This is the generation of /them that /seek him; * even of them that seek thy /face, O /God of/ Jacob.
- 7 Lift up your heads, O ye gates; and be ye lift up, ye ever/lasting /doors; * and the King of /glory /shall come /in.
- 8 Who is this /King of /glory? * It is the LORD strong and mighty, even the LORD /migh/ty in /battle.
- 9 Lift up your heads, O ye gates; and be ye lift up, ye ever/lasting /doors; * and the King of /glory /shall come/ in.
- 10 Who is. this /King of /glory? * Even the LORD of hosts, /he is. the/ King of /glory.

Glory be to the Father and /to the /Son: and/ to the /Holy /Ghost. As it was in the beginning, is now and /ever /shall be; world without/ end. A/-men.

WORD

We sit to hear

THE FIRST READING: GALATIANS 5: 26 - 6: 10

If we live in the Spirit, let us also walk in the Spirit. Let us not become conceited, provoking one another, envying one another.

Brethren, if a man is overtaken in any trespass, you who are spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted. Bear one another's burdens, and so fulfil the law of Christ. For if anyone thinks himself to be something, when he is nothing, he deceives himself. But let each one examine his own work, and then he will have rejoicing in himself alone, and not in another. For each one shall bear his own load.

Let him who is taught the word share in all good things with him who teaches.

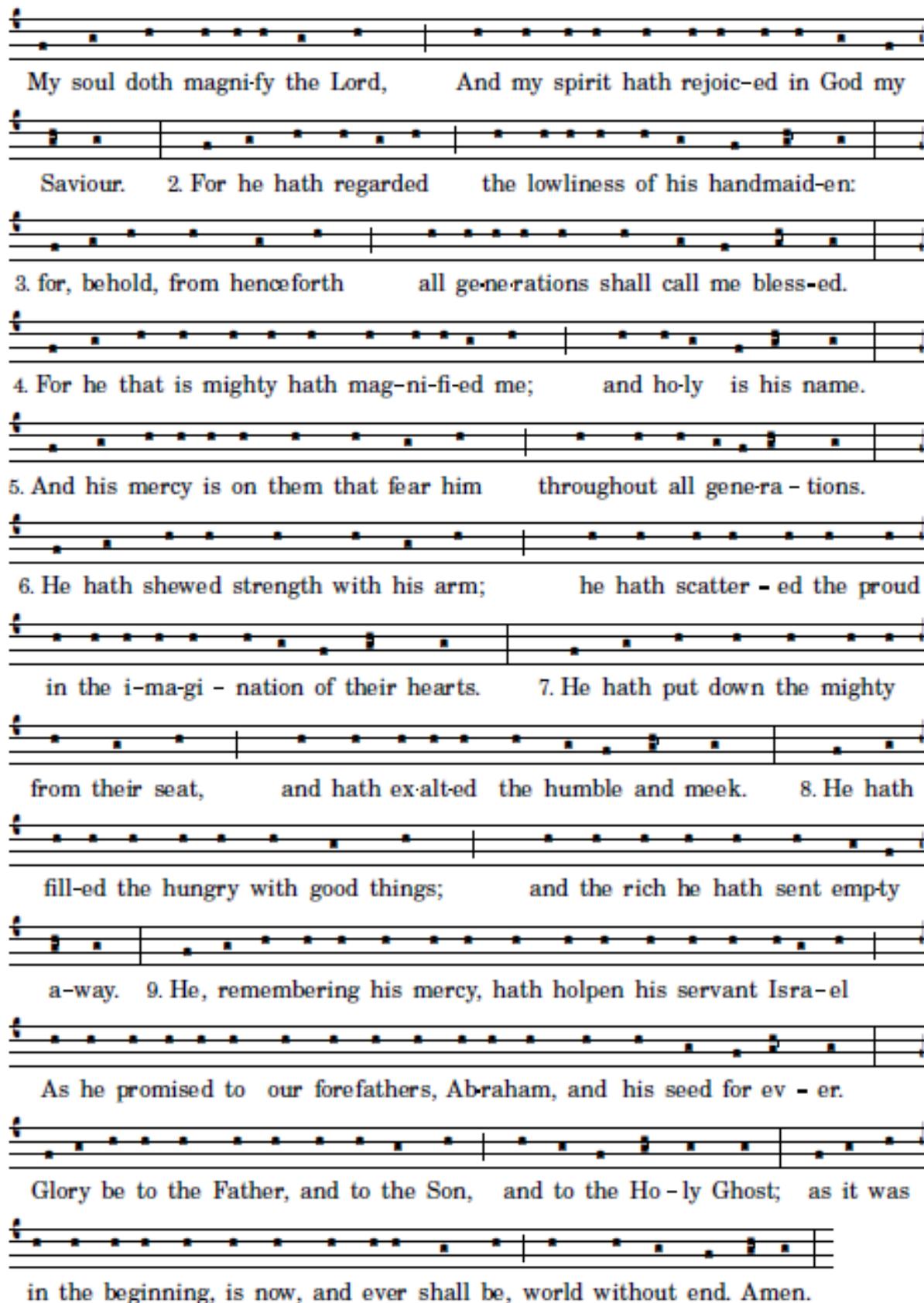
Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap. For he who sows to his flesh will of the flesh reap corruption, but he who sows to the Spirit will of the Spirit reap everlasting life. And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart. Therefore, as we have opportunity, let us do good to all, especially to those who are of the household of faith.

Here ends the first Lesson

Thanks be to God

Magnificat

tone I 1



My soul doth magnify the Lord, And my spirit hath rejoiced in God my
Saviour. 2 For he hath regarded the lowliness of his handmaid-en:
3 for, behold, from henceforth all generations shall call me bless-ed.
4 For he that is mighty hath magnified me; and holy is his name.
5 And his mercy is on them that fear him throughout all gene-ra - tions.
6 He hath shewed strength with his arm; he hath scatter - ed the proud
in the i-ma-gi - nation of their hearts. 7 He hath put down the mighty
from their seat, and hath ex-alt-ed the humble and meek. 8 He hath
fill-ed the hungry with good things; and the rich he hath sent empty
a-way. 9 He, remembering his mercy, hath holpen his servant Isra-el
As he promised to our forefathers, Abraham, and his seed for ev - er.
Glory be to the Father, and to the Son, and to the Ho - ly Ghost; as it was
in the beginning, is now, and ever shall be, world without end. Amen.

We sit for

THE SECOND READING: MATTHEW 6: 23-34

But if your eye is bad, your whole body will be full of darkness. If therefore the light that is in you is darkness, how great is that darkness!

“No one can serve two masters; for either he will hate the one and love the other, or else he will be loyal to the one and despise the other. You cannot serve God and mammon.

“Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing? Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they? Which of you by worrying can add one cubit to his stature?

“So why do you worry about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin; and yet I say to you that even Solomon in all his glory was not arrayed like one of these. Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith?

“Therefore do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. But seek first the kingdom of God and His righteousness, and all these things shall be added to you. Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.

Here ends the second Lesson

Thanks be to God

THE CANTATA

1. Chorus: Why are you distressed, my soul, and so troubled within me? Wait upon God; for I shall thank him yet, that he helpeth me with his presence.

2. Recitative: What disturbs thy rest, thou sorrowful soul, leave the gloom and come into the bright light of day? Lift up thy face and watch in the air the light feathered hosts, how they fly free of mischief now, to their food. Look on the flower borders, the lilies in their ornamental rates, they are still beautiful in their dress, as Solomon in purple and in silk. If God can feed the birds and clothe the flowers, shall he not also provide you with the necessities?

3. Duet: Flee away you sorrows, depart from here, and you restless souls, give yourselves up to rest for once. If the Creator gives life and limb, he will also give what I need.

4. Choral: Salvation has come to us from grace and sheer kindness. Works never help, they cannot protect us. Faith looks towards Jesus Christ who has done enough for all of us. He has become our mediator

5. Recit Life is more than food, certainly he who gave more than life will also give the body's necessities for his praise and glory. I eat that I may live well, but I do not live that I should only eat.

6. Duet: My soul, only then will you be able to rest from the worries of heaven. If you think of heaven first, God will also give you the means to care and nourish without worries.

RESPONSE

Eternal spirit flow through our being and open our lips;
That our mouths may proclaim your praise.

In response to tonight's cantata let us now stand and affirm our faith in God, Father, Son and Holy Spirit:

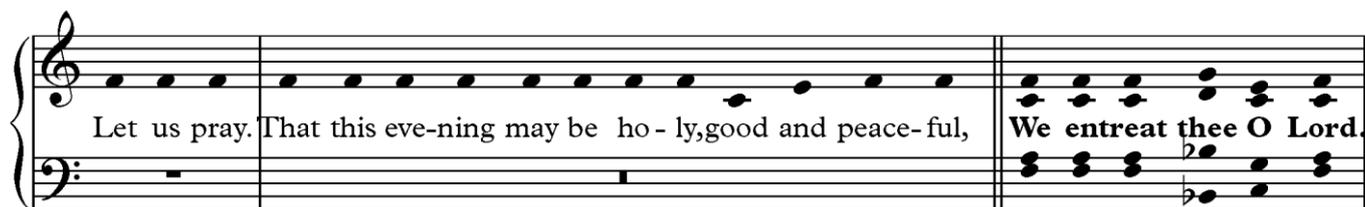
**I believe in God, the Father almighty, Maker of heaven and earth,
and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the
Virgin Mary, suffered under Pontius Pilate,
was crucified, died and was buried; he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven, and is seated at the right hand of God the Father almighty; from
there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy
catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body,
and life everlasting. Amen.**

PRAYERS

We sit or kneel

The Lord be with you.
And also with you

THE LITANY FOR PEACE



Let us pray. That this eve-ning may be ho - ly, good and peace- ful, We entreat thee O Lord.

That thy holy angels may lead us in paths of peace and goodwill **We entreat...**

That we may be pardoned and forgiven our sins and offences, **We entreat...**

That there may be peace to thy Church and to the whole world, **We entreat...**

That we may depart this life in thy faith and fear, and not be condemned before the
great judgement seat of Christ, **We entreat...**

That we may be bound together by the Holy Spirit in the communion of all thy saints,
entrusting one another and all our life to Christ, **We entreat...**

**Our Father, which art in heaven, Hallowed be thy Name. Thy Kingdom come. Thy will be done in
earth, As it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive
them that trespass against us. And lead us not into temptation, But deliver us from evil. For thine is
the kingdom, The power, and the glory, For ever and ever.
Amen.**

O God, the source of eternal light: Shed forth thine unending day upon us who watch for thee, that our lips may praise thee, our lives may bless thee, and our worship on the morrow may give thee glory; through Jesus Christ our Lord. **Amen**

Blessed are you, O Lord, the God of our fathers, creator of the changes of day and night, giving rest to the weary, renewing the strength of those who are spent, bestowing upon us occasions of song in the evening. As you have protected us in the day that is past, so be with us in the coming night; keep us from every sin, every evil, and every fear; for you are our light and salvation, and the strength of our life. To you be glory for endless ages. **Amen.**

THE BLESSING

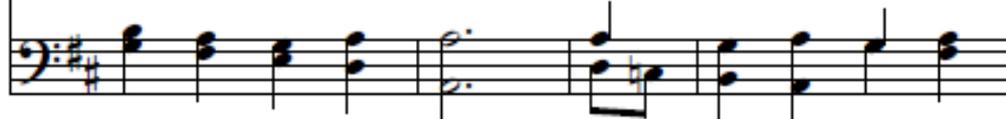
In Christ There Is No East or West



1. In Christ there is no East or West, In
2. In Him shall true hearts ev' - ry - where Their
3. Join hands, then, chil - dren of the faith, What -
4. In Christ now meet both East and West, In



Him no South or North; But one great fel - lows -
high com - mu - nion find; His ser - vice is the
e'er your race may be; Who serves my Fa - ther
Him meet South and North: All Christ - ly souls are



hip of love Thro' - out the whole wide earth.
gol - den cord, Close bin - ding all man - kind.
as a child Is sure - ly kin to me.
one in Him Thro' - out the whole wide earth.



Hymnary.org

POSTLUDE: Chorale prelude on *Warum betrübst du* by Joh. Christoph Bach

The prayers and liturgy for tonight's service come from the Book of Common Prayer, as available at www.bcponline.org

Cathedral Ministry Team and Contacts

Dean: The Very Rev'd Julian Perkins | 020 4124 6555 |

deanjulian@stpeter.org.nz | (Day off- Friday)

Curate: The Rev'd Dr Ben Ong | 022 627 3217 |

curate@stpeter.org.nz | (Day off— Wednesday)

Curate: The Rev'd Liz Lightfoot |

@stpeter email being set up | (Part-time)

Volunteer Ministry Team Members

Assistant Priest: The Rev'd Canon Bryan Smith |

027 381 6119 | canonassistant@stpeter.org.nz

Assistant Priest: The Rev'd Robin Olds |

(07) 854 6713 | 027 441 9292 | pastoralcare@stpeter.org.nz

Assistant Priest: The Rev'd Wendy Tyrrell |

bells@stpeter.org.nz

People's Warden: Heather Powell |

021 386 207

Dean's Warden: Bryan Bevege |

027 249 1818

Hospital Chaplain: Rev'd Paul Weeding |

(07) 839 8899 and ask for "the duty chaplain"

Cathedral Verger: Dilip Kurien |

021 057 3897

Giving

Bank Details: 02-0316-0268898-000

The ministry of the cathedral is paid for by our church members if you can be a part of this it greatly helps the life of the church.

Cathedral Office

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Cathedral Shop

Monday-Friday: 10am-2pm; Sunday: 11am-12pm | (07) 839 4683